



## GLOSSARY OF FOOD INGREDIENTS FOR USE WITH RACLETTE

CHEESE	SEAFOOD	MEAT	VEGETABLES	FRUIT	PICKLED ITEMS	HERBS
Raclette	<b>SHELLFISH</b>	<b>BEEF</b>	Mushrooms	Mangoes	Gherkins	Parsley
Mozzarella	Crab Meat	Biltong	Tomatoes	Figs	Pickled Onions	Dill
Emmenthaler	Shrimps	Borewors	Onions	Apples	Bottled Pickles	Basil
Gouda	Prawns	Tongue	Potatoes / Sweet Potatoes	Pineapples	Caper Berries	Coriander
Cheddar	Crayfish Meat	Pickled Silverside	Avocado	All types of Berries	Olives	Mint
Parmesan	Clams	Beef Sausages	Brussels Sprouts	Apricots	Pickled Fish	Rosemary
Camembert	Mussels	<b>PORK</b>	Celery	Pears		Thyme
Gruyere	<b>FISH</b>	Parma Ham	Asparagus	Oranges		Marjoram
Brie	Salmon	Bacon	Egg Plant	Peaches		Italian Herbs
Feta	Cod	Pork Crackling	Broccoli	Prickly Pear		
Roquefort	Calamari	Ham	Spinach	Kiwi Fruit		
Edam	Anchovies	Gammon	Baby Marrows	Papaya		
Maasdam	Sardines	<b>LAMB</b>	Corn	Melon		
Fontina	Sole	Lamb Sausages	Artichokes	Granadilla Pulp		
Gorgonzola	Kingklip	Lamb Slices	Beans	Pears		
	Hake	<b>CHICKEN</b>	Carrots			
		Chicken Sausages	Peas			
		Chicken Breasts	Red /Green / Yellow Peppers			
		<b>OTHER</b>	Cauliflower			
		Kudu	Spring Onions			
		Ostrich Steak	Parsnips			
		Liver	Pumpkin / Butternut			
		Russian Sausages	Cabbage			
		Pastrami	Brinjals			
		Salami				
		Turkey				

